

# Dr. Nicholas P. Vrouvas - Computer Glasses Recommendation Form

## General Information

Computer glasses for office use only	yes	no
Computer glasses for the laboratory setting	yes	no
Average number of hours per day on computer	_____	
Number of workstations and number of monitors at each	_____	
Brightness of the work area (circle)	very bright	medium dim
Any glare or sunlight in eyes	yes	no

## Visual Measurements

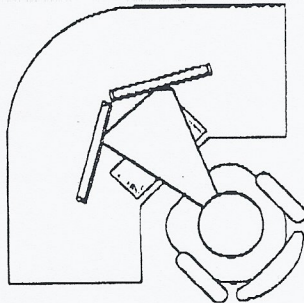
The doctor will evaluate the visual measurements of the patient's commonly performed tasks, measuring from the bridge of the nose to the center of the monitor, keyboard, and source material. This will allow the calculation of a customized computer spectacle prescription.

### Visual Work Demand Workspace Design

### Measurements in inches or cm

Take measurement for worker who uses:

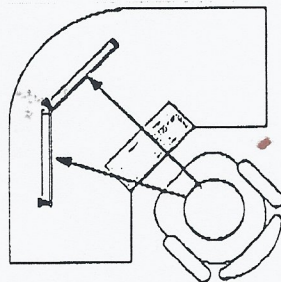
- \*a single monitor, or
- \*two monitors centered side by side



Customary distance from bridge of nose to the center of single monitor or two monitors centered side by side:

Take two measurements for the worker who uses:

- \*a centered primary monitor and
- \*a second monitor angled to the side



Customary distance from bridge of nose to center of primary monitor:

Customary distance from bridge of nose to center of secondary monitor:

For workers who use three or more monitors with different focal lengths:

Describe the configuration and take measurements that represent the varying distances

Customary distance from bridge of nose to center of:

Monitor 1:	Monitor 4:
Monitor 2:	Monitor 5:
Monitor 3:	Monitor 6:

Take a keyboard measurement

Customary distance from bridge of nose to center of keyboard:

Take measurements for workers who frequently view hard copy materials or other objects

Customary distance from bridge of nose to other object: